

# Growth Mindset Interviews



## Objective:

Students will interview to find out what people in our class think Growth Mindset is and how it applies to science class.

## Instructions:

1. You will be assigned someone as a partner and the two of you will be given a Growth Mindset Norm to learn about and explore with classmates.
2. Individually, interview three other students, not on your team, about the Growth Mindset Norm you have been assigned. Tell them the Growth Mindset Norm and ask them of an example of what the Norm could look like in our class. If someone has the same Norm, find someone else to interview.
3. With your partner, read through what you have learned and together decide what people think the Norm should look like in our classroom.
4. With your partner, create a poster with stating the Growth Mindset Norm, along with an illustration and one sentence that describes your Norm.
5. Together with your partner, present your poster to the class. Tell the class your norm, read your sentence to the class, and tell the class one way each of you will practice this norm in class.
6. Write down the list of Growth Mindset Norms in your science journal. Next to each norm, write down one way you will practice that norm in class this year.

# **Growth Mindset Norms For Science**

Everyone can learn science to the highest levels !

Believe in yourself, it changes what you can do !

Science is about being creative and making sense of the world around us !

Mistakes and challenge are great for your brain, they help your brain grow !

Science is about learning, not earning grades.

Asking questions, making connections, and participating in discussions deepen our scientific understanding !

Finding patterns, understanding cause and effect, and creating models will exercise your brain and help you learn science !

Depth of knowledge is more important than being done first !

Being willing to consider ideas that are different than our own means we are using a Growth Mindset !