Name: Class Section: Date:

Self- Report for (Phenomenon Name):

SEED Covered:

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MY RATINGS	MY EFFORTS
4 3 2 1	I came to class with a positive, growth mindset attitude
4 3 2 1	I was respectful to ALL my classmates
4 3 2 1	I was respectful to my teacher
4 3 2 1	I include ALL of my team members when doing activities and labs
4 3 2 1	I always helped clean up classroom and lab materials
4 3 2 1	I always contributed to team discussions, lessons, activities, and labs
4 3 2 1	I always contributed to classroom discussions, lessons, activities, and labs
4 3 2 1	I always used my Chromebook appropriately
4 3 2 1	I was always on task and gave my best effort
4 3 2 1	I used classroom and lab materials appropriately
4 3 2 1	I always follow classroom, lab, and school rules

KEY for Rating Efforts:
4 = 100% (All) of the time
3 = 80-90% (Most) of the time
2 = 75-50% (Some) of the time
1 = Less than 50% of the time

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Assignment Name	Turned In On Time	Rating	Why you gave yourself this rating

WHAT DID YOU DO REALLY WELL?

WHAT DO YOU NEED TO IMPROVE UPON?

WHICH ASSIGNMENT DO YOU WANT TO USE FOR YOUR CHOICE ASSESSMENT?

KEY for "Turned in on Time":
Y = Yes, L = Late
KEY for Rating Your Assignments:
4 = EXCELLENT demonstration of understanding
3 = PROFICIENT demonstration of understanding
2 = APPROACHING PROFICIENT demonstration of understanding
1 = BEGINNING level of understanding